

Second meeting of the “Belgisch-Nederlands ESM Netwerk” group

Date: Friday 24 November 2017

Location: Hampshire hotel, Radesingel 50, in Groningen

PROGRAM

Morning: Trompzaal

9:30 - 9:45 Welcome

9:45 - 10:15 Self running Blitz presentations session 1¹

1. Naomi Daniëls (University of Maastricht). *The value of co-creation: Collaboration with primary mental healthcare professionals to boost the optimization of an ESM application in clinical practice*
2. Marjan Drukker (University of Maastricht). *Feasibility and results of single persons' networks of symptoms using long-term ESM data collection*
3. Christian Rauschenberg (University of Maastricht). *The impact of childhood trauma and negative life events on youth mental health: Does stress sensitivity in daily life constitute an important psychological mechanism?*

10:15 - 10:45 Self running Blitz presentations session 2¹

1. Julian Provenzano (KU Leuven). *Neural correlates of emotion dynamics*
2. Annelie Klippel (KU Leuven). *INTERACT- Acceptance and Commitment Therapy in daily life for individuals at a high risk for developing a psychosis and individuals in an early phase of psychosis*
3. Zuzana Kasanova (KU Leuven). *Social behavior in the daily lives of patients with psychosis versus healthy controls: are we comparing apples to oranges?*

10:45 – 11:15 Coffee/tea break

11:15 – 11:45 Self running Blitz presentations session 3¹

1. Tim Loossens (KU Leuven). *Surfing the emotional landscape*
2. Mira Duif (Open University). *The happy drinker unravelled: Experience sampling study into affective drinking in a general population sample*
3. Mandy van der Gaag (University of Groningen). *ESM among risk-groups: How to minimize attrition rates among adolescents at risk for school leaving*

¹ 3 x 5 minutes presentation, 15 minutes discussion

11:45 – 12:15 Self running Blitz presentations session 4¹

1. Charlotte Vrijen (UMC Groningen). *Spread the joy: How high and low happy bias translate into different daily life affect dynamics*
2. Arnout Smit (UMC Groningen). *First evidence that self-reported restlessness predicts depressive relapse more than two months in advance: A pilot study*
3. Fionneke Bos (UMC Groningen). *ESM in clinical practice: implementation experiments*

12:15 – 12:30 Introduction ESM Research group of Tilburg University

Loes Keijsers

12:30 - 13:30 Lunch (Grand Café)

13:30 – 15:00 Workshops/brainstorm sessions

Singelzaal - Workshop 1. Psychological and social network models: a (social) interaction.
Coordinated by Laura Bringmann (University of Groningen), Karlijn Hermans (KU Leuven), Robin Achterhof (KU Leuven)

Trompzaal (I) - Workshop 2. Hands on experience with the mobileQ ESM software.
Coordinated by: Kristof Meers (KU Leuven)

Atriumzaal - Workshop 3. ESM methodology.
Coordinated by: Hugo Vachon (KU Leuven)

Trompzaal (II) - Workshop 4. ESM and activity monitors: Practical and Theoretical Points to Consider. Coordinated by: Aki Rintala (KU Leuven), Yoram Kunkels (UMC Groningen)

15:00 – 16:00 Plenary session workshops² and closing scientific meeting (*Trompzaal*)

16:00 – 17:00 Closed board meeting

² Per workshop 5 minutes summary of what was said and done, followed by max. 10 minutes discussion